

NOVEMBER/DECEMBER, 2018 LUNCH SNACKS AND EVENTS

Nov 26	Nov 27	Nov 28	Nov 29	Nov 30
Cold cereal, 2%(whole), Bananas(mashed)	Cheese, Juice	Cr. Of Wheat, 2% (whole) (raisins for child over 2)	Boiled egg, Carrots	Eng. Muffin, Cr. Cheese, Juice
Cheese, bread	Oranges, crackers	Melon, yogurt	Wheat Crackers, Apples	Cold cereal, 2%.
<u>Spaghetti w/sauce and/or cheese, 2%, Romaine salad, Oranges</u>	<u>Chicken w/rice, 2%, Carrots (cooked), Apples.</u>	<u>Tuna & Mac., 2%, Vegetable soup, Oranges.</u>	<u>Hot dogs (chicken) And Beans Fruit salad, 2% .</u>	<u>Pizza w/ cheese, Romaine salad, 2%, Apples.</u>
Wheat Crackers, Apples	Broccoli, dip	Yogurt with Fruit	Melon, cottage cheese	Cottage Cheese, Applesauce
Dec 3	Dec 4	Dec 5	Dec 6	Dec 7
Cold Cereal, Bananas (mashed), Grapes, wheat crackers	Cr. Of Wheat, Raisin (banana), juice Broccoli, dip, water	Pancakes, Applesauce, ctg.ch. Bananas (mashed), milk	Oatmeal w/Apples Yogurt with fruit	Egg, Potato, Fruit Cheese, and Melon
<u>Egg and potato, 2%, Apples (Applesauce)</u>	<u>Grilled cheese, 2%, Bananas (mashed), Romaine salad.</u>	<u>Macaroni & Cheese, 2%, Apples (sauce), Carrots (cooked).</u>	<u>Turkey and Rice, 2%, Bananas(mashed), Broccoli</u>	<u>Fish Sticks, French fries, 2%, Fruit Salad, Romaine salad</u>
Cheese, Juice	Yogurt with fruit	Cereal, 2% (whole).	Wheat Crackers, Oranges	Eng. Muffins, Cream Cheese
Dec 10	Dec 11	Dec 12	Dec 13	Dec 14 WINTER PROGRAM 6P.M.
Cold cereal, Bananas (mashed), 2%(whole)	Egg French Toast, Applesauce, Cottage Cheese	Bagels w/cr. Cheese, Fruit	Oatmeal w/ Apples, 2% (whole)	Egg, Pineapple
Veggies, dip	Yogurt and Fruit	Apples, dip	Bananas (mashed), Milk	Apples, Cottage cheese
<u>Open faced cheese sand, Carrots(cooked) Banana(mash), 2%.</u>	<u>Lasagna, 2% Apples.</u>	<u>Egg and Potatoes, 2%, Oranges</u>	<u>Ch. Platter, Macaroni, 2%, Fruit salad, Carrots (cooked).</u>	<u>Turkey and Potato, Green beans, Apples, 2% .</u>
Celery w/raisins, Oranges	Cheese, Juice	Cottage Cheese, Applesauce	Wheat cracker with Cheese	Muffins w/cr. cheese, Orange Juice
Dec 17	Dec 18	Dec 19	Dec 20	Dec 21 SCHOOL CLOSED
Cold Cereal, 2% Bananas	Cheese, Juice	Cr. Of Wheat, 2% (whole) (raisins for child over 2)	Boiled egg, Carrots	Eng. Muffin, Cr. Cheese, Juice
Cheese & Bread	Oranges, crackers	Melon, yogurt	Wheat Crackers, Apples	Cold cereal, 2%.
<u>Spaghetti w/sauce and/or cheese, 2%, romaine salad, oranges</u>	<u>Chicken w/rice, 2%, Carrots (cooked), Apples.</u>	<u>Tuna & Mac., 2%, Vegetable soup, Oranges.</u>	<u>Hot dogs (chicken) And Beans Fruit salad, 2% .</u>	<u>Pizza w/ cheese, Romaine salad, 2%, Apples.</u>
Wheat crackers, apples	Broccoli, dip	Yogurt with Fruit	Melon, cottage cheese	Cottage Cheese, Applesauce
Dec 24 SCHOOL CLOSED	Dec 25 SCHOOL CLOSED	Dec 26 SCHOOL CLOSED	Dec 27	Dec 28
Cold Cereal, Bananas (mashed), Grapes, wheat crackers	Cr. Of Wheat, Raisin (banana), juice Broccoli, dip, water	Pancakes, Applesauce, ctg.ch. Bananas (mashed), milk	Oatmeal w/Apples Yogurt with fruit	Egg, Potato, Fruit Cheese, and Melon
<u>Egg and potato, 2%, Apples (Applesauce)</u>	<u>Grilled cheese, 2%, Bananas (mashed), Romaine salad.</u>	<u>Macaroni & Cheese, 2%, Apples (sauce), Carrots (cooked).</u>	<u>Turkey and Rice, 2%, Bananas(mashed), Broccoli</u>	<u>Fish Sticks, French fries, 2%, Fruit Salad, Romaine salad</u>
Cheese, Juice	Yogurt with fruit	Cereal, 2% (whole).	Wheat Crackers, Oranges	Eng. Muffins, Cream Cheese

*Toddler lunches include 2% milk. If your doctor recommends whole milk, parents must supply this. Changes for foods prepared for toddlers are in parenthesis.

Dec 14 Winter program 6:00 P.M.

Dec 21,24,25,26 and 31 SCHOOL CLOSED for holiday break.