

FEBRUARY, 2019 LUNCH SNACK AND EVENTS

Feb 4	Feb 5	Feb 6	Feb 7	Feb 8
Cold Cereal, Bananas (mashed), Grapes, wheat crackers	Cr. Of Wheat, Raisin (banana) Broccoli, water, corn chips	Pancakes, Applesauce, ctg.ch. Bananas (mashed), milk	Oatmeal w/Apples Yogurt with fruit	Egg, Potato, Fruit Cheese, and Melon
<u>Egg and potato, 2%, Apples (Applesauce)</u>	<u>Grilled cheese, 2%, Bananas (mashed)</u>	<u>Macaroni & Cheese, 2%, Apples (sauce), Carrots (cooked).</u>	<u>Turkey and Rice, 2%, Bananas(mashed), Broccoli</u>	<u>Fish Sticks, French fries, 2%, Fruit Salad.</u>
Cheese, Juice	Yogurt with fruit	Cereal, 2% (whole).	Wheat Crackers, Oranges	Eng. Muffins, Cream Cheese
Feb 11	Feb 12	Feb 13	Feb 14 VALENTINES DAY	Feb 15
Cold cereal, Bananas (mashed), 2%(whole)	Egg French Toast, Applesauce, Cottage Cheese	Bagels w/cr. Cheese, Fruit	Oatmeal w/ Apples, 2% (whole)	Egg, Pineapple
Veggies,	Yogurt and Fruit	Apples	Bananas (mashed), Milk	Apples, Cottage cheese
<u>Open faced cheese sand. Carrots(cooked) Banana(mash), 2%.</u>	<u>Lasagna, 2%, Apples.</u>	<u>Egg and Potatoes, 2%, Oranges</u>	<u>Ch. Platter, Macaroni, 2%, Fruit salad, Carrots (cooked).</u>	<u>Turkey and Potato, Green beans, Apples, 2% .</u>
Celery w/raisins (oranges)	Cheese, Juice	Cottage Cheese, Applesauce	Wheat cracker with Cheese	Muffins w/cr. cheese, Orange Juice
Feb 18 SCHOOL CLOSED*	Feb 19	Feb 20	Feb 21	Feb 22
Cold cereal, 2% (whole), Bananas(mashed)	Cheese, Juice	Cr. Of Wheat, 2% (whole) (raisins for child over 2)	Boiled egg, Carrots	Eng. Muffin, Cr. Cheese, Juice
Cheese and bread	Oranges, crackers	Melon, cinnamon yogurt	Wheat Crackers, Apples	Cold cereal, 2%.
<u>Spaghetti w/sauce and/or cheese, 2%, Oranges</u>	<u>Chicken w/rice, 2%, Carrots (cooked), Apples.</u>	<u>Tuna & Mac., 2%, Vegetable soup, Oranges.</u>	<u>Chicken Hot dogs (no nitrates) And Beans Fruit salad, 2% .</u>	<u>Pizza w/ cheese, 2%, Apples.</u>
Wheat Crackers, Apples	Broccoli, organic corn chips	Yogurt with Fruit	Melon, cottage cheese	Cottage Cheese, Applesauce
Feb 25	Feb 26	Feb 27	Feb 28	March 1
Cold Cereal, Bananas (mashed), Grapes, wheat crackers	Cr. Of Wheat, Raisin (banana), juice Broccoli, water, corn chips	Pancakes, Applesauce, ctg.ch. Bananas (mashed), milk	Oatmeal w/Apples Yogurt with fruit	Egg, Potato, Fruit Cheese, and Melon
<u>Egg and potato, 2%, Apples (Applesauce)</u>	<u>Grilled cheese, 2%, Bananas (mashed)</u>	<u>Macaroni & Cheese, 2%, Apples (sauce), Carrots (cooked).</u>	<u>Turkey and Rice, 2%, Bananas(mashed), Broccoli</u>	<u>Fish Sticks, French fries, 2%, Fruit Salad</u>
Cheese, Juice	Yogurt with fruit	Cereal, 2% (whole).	Wheat Crackers, Oranges	Eng. Muffins Cr. Cheese
Mar 4	Mar 5	Mar 6	Mar 7	Mar 8
Cold cereal, Bananas (mashed), 2%(whole)	Egg French Toast, Applesauce, Cottage Cheese	Bagels w/cr. Cheese, Fruit	Oatmeal w/ Apples, 2% (whole)	Egg, Pineapple
Veggies,	Yogurt and Fruit	Apples	Bananas (mashed), Milk	Apples, Cottage cheese
<u>Open faced cheese sand. Carrots(cooked) Banana(mash), 2%.</u>	<u>Lasagna, 2%, Apples.</u>	<u>Egg and Potatoes, 2%, Oranges</u>	<u>Ch. Platter, Macaroni, 2%, Fruit salad, Carrots (cooked).</u>	<u>Turkey and Potato, Green beans, Apples, 2% .</u>
Celery w/raisins (oranges)	Cheese, Juice	Cottage Cheese, Applesauce	Wheat cracker with Cheese	Muffins w/cr. cheese, Orange Juice

()Toddler information is in (). If your doctor recommends whole milk, parents must supply this.

* Monday February 18th SCHOOL CLOSED for Presidents Day.