

February/March, 2020 LUNCH SNACKS AND EVENTS

Feb 24	Feb 25	Feb 26	Feb 27	Feb 28
Cold cereal, Bananas (mashed), 2%(whole)	Egg French Toast, Applesauce, Cottage Cheese	Bagels w/cr. Cheese, Fruit	Oatmeal w/ Apples, 2% (whole)	Egg, Pineapple
Veggies, dip	Yogurt and Fruit	Apples, dip	Bananas (mashed), Milk	Apples, Cottage cheese
<u>Open faced cheese sand. Carrots(cooked) Banana(mash), 2%.</u>	<u>Lasagna, 2% Apples.</u>	<u>Egg and Potatoes, 2%, Oranges</u>	<u>Ch. Platter, Macaroni, 2%, Fruit salad, Carrots (cooked).</u>	<u>Turkey and Potato, Green beans, Apples, 2%</u>
Celery w/raisins, Oranges	Cheese, Juice	Cottage Cheese, Applesauce	Wheat cracker with Cheese	Muffins w/cr. cheese, Orange Juice
March 2	March 3	March 4	March 5	March 6
Cold Cereal, 2% Bananas	Cheese, Juice	Cr. Of Wheat, 2% (whole) (raisins for child over 2)	Boiled egg, Carrots	Eng. Muffin, Cr. Cheese, Juice
Cheese & Bread	Oranges, crackers	Melon, cinnamon yogurt	Wheat Crackers, Apples	Cold cereal, 2%.
Spaghetti w/sauce and/or cheese, 2%, oranges	<u>Chicken w/rice, 2%, Carrots (cooked), Apples.</u>	<u>Tuna & Mac., 2%, Vegetable soup, Oranges.</u>	<u>Hot dogs (chicken) and Beans Fruit salad, 2 .</u>	<u>Pizza w/ cheese, 2%, Apples.</u>
Wheat crackers, apples	Broccoli, organic corn chips	Yogurt with Fruit	Melon, cottage cheese	Cottage Cheese, Applesauce
March 9	March 10	March 11	March 12	March 13
Cold Cereal, Bananas (mashed), Grapes, wheat crackers	Cr. Of Wheat, Raisin (banana), juice	Pancakes, Applesauce, ctg.ch.	Oatmeal w/Apples	Egg, Potato, Fruit
	Broccoli, chips, water	Bananas (mashed), milk	Yogurt with fruit	Cheese, and Melon
<u>Egg and potato, 2%, Apples (Applesauce)</u>	<u>Grilled cheese, 2%, Bananas (mashed).</u>	<u>Macaroni & Cheese, 2%, Apples (sauce), Carrots (cooked).</u>	<u>Turkey and Rice, 2%, Bananas(mashed), Broccoli</u>	<u>Fish Sticks, French fries, 2%, Fruit Salad.</u>
Cheese, Juice	Yogurt with fruit	Cereal, 2% (whole).	Wheat Crackers, Oranges	Eng. Muffins, Cream Cheese
March 16	March 17	March 18	March 19	March 20
Cold cereal, Bananas (mashed), 2%(whole)	Egg French Toast, Applesauce, Cottage Cheese	Bagels w/cr. Cheese, Fruit	Oatmeal w/ Apples, 2% (whole)	Egg, Pineapple
Veggies, dip	Yogurt and Fruit	Apples, dip	Bananas (mashed), Milk	Apples, Cottage cheese
<u>Open faced cheese sand. Carrots(cooked) Banana(mash), 2%.</u>	<u>Lasagna, 2% Apples.</u>	<u>Egg and Potatoes, 2%, Oranges</u>	<u>Ch. Platter, Macaroni, 2%, Fruit salad, Carrots (cooked).</u>	<u>Turkey and Potato, Green beans, Apples, 2%</u>
Celery w/raisins, Oranges	Cheese, Juice	Cottage Cheese, Applesauce	Wheat cracker with Cheese	Muffins w/cr. cheese, Orange Juice
March 23	March 24	March 25	March 26	March 27
Cold Cereal, 2% Bananas	Cheese, Juice	Cr. Of Wheat, 2% (whole) (raisins for child over 2)	Boiled egg, Carrots	Eng. Muffin, Cr. Cheese, Juice
Cheese & Bread	Oranges, crackers	Melon, cinnamon yogurt	Wheat Crackers, Apples	Cold cereal, 2%.
Spaghetti w/sauce and/or cheese, 2%, oranges	<u>Chicken w/rice, 2%, Carrots (cooked), Apples.</u>	<u>Tuna & Mac., 2%, Vegetable soup, Oranges.</u>	<u>Hot dogs (chicken) And Beans Fruit salad, 2% .</u>	<u>Pizza w/ cheese, 2%, Apples.</u>
Wheat crackers, apples	Broccoli, organic corn chips	Yogurt with Fruit	Melon, cottage cheese	Cottage Cheese, Applesauce

*Toddler lunches include 2% milk. If your doctor recommends whole milk, parents must supply this. Changes for foods prepared for toddlers are in parenthesis.